

This is the Autumn newsletter. More information about the Practice is available on our website www.ridgacremedicalcentres.com.

You can download an electronic copy of this newsletter from the website. Alternatively if you inform Reception of your details, we can e-mail you a copy.

Services provided

We offer a comprehensive range of services that include:

- Asthma clinic
- Anticoagulation clinic
- Antenatal and post natal care
- Cervical smears
- Child health surveillance
- Contraception services
- Cryotherapy (wart) clinic
- Diabetic clinic
- Drug support
- Emergency contraception
- Family planning
- Heart disease clinics
- Holiday vaccinations and advice
- Minor surgery
- New patient checks
- Rheumatology monitoring
- Smoking cessation clinics
- Stroke clinic
- Sexual health

If you would like any more information regarding these services please do not hesitate to contact reception for further details.

Missed Appointments

If you can no longer attend your appointment, please ensure you call 0121 422 311 and let Reception know. Your appointment can then be used by someone else.

Christmas opening Times

Friday 22 nd Dec	Normal opening
Monday 25 th Dec	Closed
Tuesday 26 th Dec	Closed
Wednesday 27 th Dec	Open 8.30 – 6.30 pm Urgent Only
Thursday 28 th Dec	Open 8.30 – 6.30 pm Urgent Only
Friday 29 th Dec	Open 8.30 – 6.30 pm Urgent Only
Monday 1 st Jan 2018	Closed
Tuesday 2 nd Jan 2018	Open 8.30 – 6.30 pm Urgent Only
Wednesday 3 rd Jan 2018	Normal opening

NHS 111

NHS 111 is a telephone number you can call when you need medical advice or treatment quickly and you cannot wait for an appointment with your doctor.

You can call NHS 111 24 hours a day, 7 days a week, 365 days per year and it is free to call from landlines and mobile phones.

If you need **emergency** medical treatment, you must call **999**.



**when it's less
urgent than 999**



Online services To register for this service please speak to reception

As well as booking appointments and ordering repeat prescriptions online, you can now see a sum-

Charity Events

A small team completed the pretty muddy 5k obstacle course for breast cancer awareness and raised £ 680.00

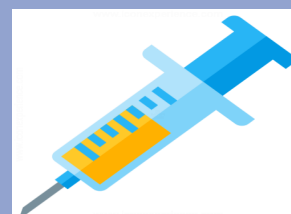


We Also raised £87.30 for Macmillan cancer Support from our coffee morning. Well done everyone and thank you to all those who contributed

**WE ARE
MACMILLAN.
CANCER SUPPORT**

Flu Clinics

There is still time to make an appointment and have your flu jab. Please contact reception who would be happy to help you



Patient Participation Group

We have struggled to get patients to attend our Patient Participation Group meetings as people find it difficult to attend with other commitments, therefore we are setting up a virtual group if you would be interested in receiving the newsletter via email or leaving us a comment or ideas that can improve the running of our practice and the relationship with our patients please send an email to ppg.brinksmans@nhs.net or fill out the attached sheet with your email address and we will be in touch

Feedback

We would be interested in hearing what you would like in future newsletters. Please fill in a comment card or e-mail Info.ridgacrehousesbpct@nhs.net.